

# Comprehensive Quality Physical Education Instruction Pilot Program

## Health Education Services



**COLORADO**  
Department of Education

## OVERVIEW

The Colorado Health and Wellness through Comprehensive Quality Physical Education Instruction Pilot Program provides funding to schools or districts to implement model physical education policies. The Colorado Department of Education funded three districts (four schools) for a three-year grant program, approximately \$80,000 per school year to implement the grant focus areas. Due to COVID -19 it was challenging for schools to implement quality physical education in a remote setting. To allow for the best use of funding CDE extended the grant period to the 2023-24 school year. This will allow extended opportunities to address the grant focus areas and extended evaluation efforts to explore the effectiveness of the comprehensive quality physical education pilot.

## GRANT FOCUS AREAS

Districts awarded funds for the pilot program are required to use the grant to implement a comprehensive quality physical education instruction program that includes the following components:

- Implementing daily physical education for all students for 30–45 minutes depending on grade levels, with moderate to vigorous physical activity for at least half of the physical education class time.
- Classes should be comparable to the class size for academic subjects and a safe, clean, and well-maintained indoor and outdoor spaces for physical education.
- Curriculum should meet Colorado’s physical education standards at each covered grade level; provide regular assessment and student progress monitoring.
- Policy that prohibits against removal of a student from the physical education program for academic reasons or as a form of punishment; and a prohibition against exempting students from physical education instruction with limited, specified exceptions.
- Prepare a three-year comprehensive quality physical education instruction action plan that includes class schedules, physical education curriculum, physical education teacher qualifications, a professional development plan, and sample physical education assessments and assessment rubrics.

### Current Grantees:

**McAuliffe Middle School** is an urban school located in Denver Public School District.

**Center Consolidated School District** is a rural district located in the San Luis Valley. They are supporting two schools - **Haskin Elementary School** and **Skoglund Middle School**.

**B.F. Kitchen Elementary School** is a suburban school in Thompson School District.

### Grantees have:

- Received focused professional development based on their needs.
- Engaged in monthly communities of practice convenings.
- Attended professional development on the key grant focus areas.
- Engaged in baseline and yearly data collection for grant evaluation.
- Prepared comprehensive quality physical education instruction action plan.

**To learn more on the Comprehensive Quality Physical Education Instruction Pilot Program, use this QR Code:**



For questions, contact:

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